

## Faith in Action is now Eastside Friends of Seniors

Faith in Action—Supporting Senior Independence, is now Eastside Friends of Seniors.

Our new name affirms who we serve: seniors. It reflects both the warmth, and the equality between our volunteers and staff, and our elderly clients. It stakes out a vision of having a volunteer for every senior in need, all over the Eastside.

**We will continue to provide the same services.** Our volunteers will continue to provide transportation to health care appointments and medical escort services; assistance with shopping and errands; home chores such as housekeeping, yard work, and handyman help; and bringing people together to end social isolation.

**Our interfaith coalition of congregations will continue.** Eastside Friends of Seniors will continue its Faith in Action program of interfaith volunteer caregiving, following the model established by the Robert Wood Johnson Foundation. Congregations have assured us that they

will continue to provide volunteers and financial support, as they have since they help found the organization in 1997.

We will continue our membership in the National Network, which is also rebranding—see page 2 of this newsletter for more information.

**We plan to continue and extend additional partnerships and programs.** In addition to our Faith in Action program, we also will continue to participate in Sammamish Cares, a partnership between service clubs, the City, and Habitat for Humanity East King County that assists needy Sammamish residents with property maintenance. We are beginning a Statewide Health Insurance Benefits Advisors (SHIBA) partnership with Senior Services and the State of Washington (see page 4).

With the name Eastside Friends of Seniors, we plan to strengthen our existing program, attract additional funding, and serve more seniors in need.

*Faith in Action  
has changed its name  
to **Eastside Friends of  
Seniors***



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## Faith in Action National Network Also Rebranding

The Faith in Action National Network is also changing its name, becoming the National Volunteer Caregiving Network.

The National Network board made the decision at its August 2011 meeting, in Oak Brook, Illinois, and announced the decision to its membership September 9, 2011.

While the decisions were made completely independently, the Network's reasons for rebranding were similar to Eastside Friends of Seniors' decision here on our local level.

"Faith in Action National Net-

work" did not convey the mission or services of its member programs and agencies. The new name better describes what the local member programs do and gives an improved message about the work the National Network supports.

Over half the network members do not carry the "Faith in Action" name. At the same time, several national Christian organizations and programs are called the "Faith in Action" creating confusion for all involved.

The new name advances the Network's enduring vision of

having a volunteer caregiving program in every community. It welcomes and includes existing interfaith programs, and also other volunteer caregiving programs which did not start with a Faith in Action grant from The Robert Wood Johnson Foundation.

The National Network will continue to use the familiar star-bust heart as its logo.

Under the new name, the Network is hiring a full-time executive director, and plans to increase its membership and services to its member programs and agencies.

## New Health Insurance Benefit Counseling

Eastside Friends of Seniors is joining up with Senior Services and the State of Washington Insurance Commission to provide State Health Insurance Benefit Advisors (SHIBA). SHIBA volunteers can help with health care coverage questions. They provide **free** expert health care coverage education, assistance, and advocacy.

SHIBA assists consumers with choices and problems involving private health insurance, and many government programs, such as:

- Medicare
- Medicaid
- Basic Health
- Washington State Health Insurance Pool

You do not have to be elderly, disabled, or low-income to receive help from a SHIBA volunteer.

Our SHIBA volunteer will be available on the second and fourth Wednesday mornings of the month at our office. Additional SHIBA volunteer services are available at the Issaquah

and Redmond Senior Centers, and across Washington State.



To find out more, or schedule an appointment, call: 206-727-6221 or 1-800-562-6900.

## From your *Eastside Friends of Seniors* Director



Claire Petersky,  
Executive Director

*Dear Eastside Friends of Seniors,*

One of the great assets we have as an organization is a dedicated, skilled, enthusiastic board of directors. I would like to introduce a few of board members who have just joined us in the last year. In alphabetical order:

**Dan Aznoff**, journalist and freelance writer, is an active member of Temple B'nai Torah in Bellevue where he served as chairman of the Social Action committee and a frequent volunteer for the Mitzvah ("Good Deed") Corps, which coordinates transportation, meals and other services for members of the congregation. He is excited to extend similar services to the elderly population in the community through Eastside Friends of Seniors.

**Tina Butt** has lived in Sammamish for over 30 years. Since 2003, Butt served as Executive Director of Teaching and Learning for the Mukilteo School District, which followed more than twenty years in the Issaquah School District in a variety of roles, including Assistant Superintendent of Curriculum and Instruction. She also serves on the board of the Together Center in Redmond.

**Doug Eglington** approached me about serving on the board after hearing me speak about our programs at Sammamish Hills Lutheran Church. He recently retired from serving as a policy analyst for King County's Office of Business Relations and Economic Development, and has served on the Lake Washington School Board since 1989.

**Kim Jenkins** is a Senior Program Manager at Microsoft. She has served as the Vice-Chairman at Issaquah Human Services Commission, and has helped Issaquah area nonprofits in a leadership role, assisting them rise to the next level of service and professionalism. She joined us about a year ago now, leading our strategic planning.

And I also want to recognize former board members who have left our service in the last year: **Jo Bellflower**, **Abby Durr**, **Wendy Cordova**, and **Margaret Rosenow**. Each one brought unique talents to board service, and we will miss them.

To meet our vision of expanded services for elders in need, we will be expanding our board and committees. We are especially looking for people with skills and experience in sales and marketing, finance and accounting, strategic planning, and services to the elderly. If that's you—or you have a hot prospect for us to consider—please contact me right away.

Warm Regards,

A handwritten signature in cursive script that reads "Claire Petersky".

Claire Petersky, Executive Director

### Eastside

#### Friends of Seniors Board of Directors

Doug Watson,  
*President*  
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*Vice President*  
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*Secretary*  
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*Executive Director*  
Margie Costello,  
*Volunteer  
Coordinator*  
Laura Simpson,  
*Client Services  
Coordinator*  
Teresa Lalk,  
*Program Assistant*

# Find a Bonanza at Our Fourth Annual Auction!

If you are a volunteer, client, or supporter of Eastside Friends of Seniors, you know how important our work is in helping maintain the independence of the elderly in our community. Our critical work is made possible because of the success of our annual dinner and benefit auction.

**This coming year's event is scheduled for March 24, 2012.**

We have a Wild West theme this year. We've titled the event, "Bonanza". It was not just the name of a long-running popular TV Western, but according to the dictionary, also means an "event that creates a sudden increase in wealth or good fortune". That's what we hope for

all involved!

If you came to our previous years' auctions, you know that they are filled with fun, good food, and a wide range of items. This year's event, with its Western theme, should prove to be even more fabulous!

**Your participation is critical to our success.**

Can you donate an item or a service? With your donations, we have things to sell at the event.

Can you be a table captain? Can you attend? With your presence, and the presence of your friends, we have bidders.

Can your company sponsor the event? With sponsors, the money

raised can go more effectively to seniors in need.

Can you volunteer? with your help, the event is organized from top to bottom!

With everyone's help, volunteers are recruited, screened, trained, and are making a difference in seniors' lives.

Right now, we need your volunteer help, especially if you have skills in event planning, sales, or marketing. Call us at 425-369-9120 or email us at [info@EastsideFriendsOfSeniors.org](mailto:info@EastsideFriendsOfSeniors.org) today.

And be sure to mark your calendars, and invite your friends. We're looking forward to seeing you there!

## And the Award goes to...

On the national level, Eastside Friends of Seniors

volunteer Janell Falletto won the 2011 Faith in Action National Network Volunteer of the Year Award.

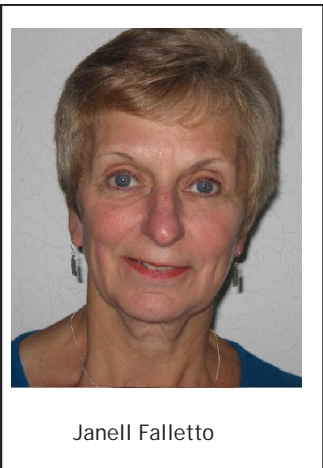
The National Network announced the award at the National Network Conference in Oak Brook Illinois in August.

Our summer intern, Smirthi Sukumar, in

competition with 57 others, won the Teens in Public Service *Jill's Angel Award*. This award goes to an intern demonstrating extraordinary compassion and understanding of working for underprivileged children or elders.

Congratulations to both Smirthi and Janell for being recognized for

your service to the elders in our community!



Janell Falletto



Smirthi Sukumar

# Thank You, First Half of 2011 Volunteers!

## Our volunteers who gave hours of service, from January 1, to June 30, 2011:

☺ Ian Achzenick  
 ☺ Kristina Achzenick  
 ★ Ronald Andresen  
 ☺ Liya Babko  
 ☺ Linda Beahan  
 Rebecca Berg  
 Carol Bergan  
 ★ Michael Birdsall  
 ☺ Dominique Bishop  
 ☺ Alexandra Blythe  
 ★ Janet Bradshaw  
 John Bratmon  
 ☺ Alan Brewerski  
 Patricia Bringardner  
 Catherine Bruckner  
 ☺ Paul Brynes  
 ☺ Troy Buck  
 Justin Burris  
 ☺ Megan Burris  
 ☺ Michelle Burris  
 ☺ Justin Burris  
 ☺ Joey Calabro  
 Susan Calabro  
 ☺ Abby Carter  
 ☺ Arlene Carter  
 10 Margaret Costello  
 Ingrid Cox  
 ☺ Molly Culwell  
 ☺ Marcos Da Silva  
 ☺ Alexandra Dahl  
 Sharon Dahl  
 ☺ Kerri Daniel  
 ☺ Tyler Daniel  
 ☺ Anna Dawson  
 ☺ Ana Ruth de Sousa  
 ☺ Cecilia Dixon  
 Kim Doshi  
 ★ Richard Drumm  
 Patricia Durand  
 Abigail Durr  
 Douglas Eglington

☺ Fernaudo Eizaguirre  
 ☺ Michael Eizaguirre  
 ☺ Lorelei Evert  
 ★ Janell Faletto  
 Carol Fare  
 Tracy Fitzsimmons  
 Valerie Franzke-Munro  
 Mitzi Fritz  
 Robert Fritz  
 ☺ Jennifer Gaidjurgis  
 Ashley Gallagher  
 ☺ Padmapriya Ganapathi  
 ☺ Barbara Giamona  
 James Gorringer  
 Debra Gottschalk  
 ☺ Maria Griffin  
 Anne Hall  
 ☺ Nathaniel Haloeger  
 Joan Harlow  
 Geoffrey Hazel  
 Ron Heinrichs  
 ★ Allie C. Henninger  
 ★ Bobbie Hinckley  
 ☺ Benjamin Hoffman  
 ★ Nolen Holcomb  
 ☺ Sonia Izquierdo  
 ☺ Lui Hung-Yi  
 Sonia Izquierdo  
 ★ Donna Jaske  
 ☺ Marissa Jeffers  
 Kim Jenkins  
 Matsumi Kanegae  
 ☺ Patrick Kelly  
 ☺ Alyssa Kier  
 ☺ Krista Kintner  
 ★ Marie Krack  
 ☺ Conlan Kroes  
 Marion Krueger  
 ☺ Sudeep Kuriakose  
 Teresa Lalk  
 ☺ Mary LaPenta  
 Laura Laudolff  
 10 Ramona Lawrence

Eun Jin Lee  
 Man Jae Lee  
 ★ Loren Lindo  
 Hiroko Lindsey  
 ☺ Amy Lumberger  
 ☺ Cindy Macaluso  
 ☺ Kristin Mackey  
 ★ DeeAnn Maher  
 ☺ Dominic Marinos  
 ☺ Sydney Marinos  
 ☺ Marie Martinez  
 Sara Mathy  
 Patrick McClintock  
 ☺ Justin Mehl  
 Kim Meissner  
 ★ John Mizenko  
 Marquelle Morgan  
 ☺ Kaitlyn Morrison  
 Ashley Moss  
 ☺ Kyan Mueller  
 ☺ Kevin Murphy  
 ☺ Dominic Murray  
 ☺ Frankie Murray  
 Naomi Nkinsi  
 ☺ Kana Oishi  
 Stanley Pasin  
 Mark Payne  
 ☺ Julie Pearl  
 ☺ Jeannette Perez  
 Claire Petersky  
 Allison Reid  
 ★ Herbert Roberts  
 ☺ Ginette Rodriquez  
 10 Gary Rosenow  
 10 Margaret Rosenow  
 ☺ Joseph Rossi  
 ☺ Renee Rossi  
 ★ Laure Runyan  
 ☺ Beatrice Sabou  
 ☺ Ruth Sackmann  
 ☺ Gina Saifullah  
 ☺ Nikhil Saifullah  
 ☺ Suraj Saifullah  
 ☺ Ryan Schlachter

☺ Ian Schober  
 Kevin Selkowitz  
 Brenda Shea  
 Brian Shea  
 Emily Shea  
 Riley Shea  
 ☺ Jennifer Shute  
 Laura Simpson  
 ☺ Martin Smith  
 ☺ Alice Snow  
 ☺ Kathy Stainfield  
 ☺ Kent Stainfield  
 ☺ Jason Stefferud  
 ☺ Sarah Steinberg  
 ☺ Smrithi Sukumar  
 Joann Swanson  
 ★ Hank Thomas  
 Nancy Tochko  
 Catherine Ullakko  
 ★ Margaret Waldron  
 Madeline Wall  
 ☺ Jason Weir  
 ☺ Shelly Wilson  
 ☺ Ruth Winbauer  
 John Wishart  
 ☺ Shannon Wood  
 ☺ Eric Wu  
 ☺ Jason Wu  
 ★ Rochelle Wyatt  
 ☺ Scott Wyatt  
 Helen Yantus  
 ☺ Ashley Young  
 ☺ Rebekah Youssi

### Symbol Key

- ☺ New volunteer
- 10 10+ years of service
- ★ Super Volunteer (50 or more hours contributed in the 6 month period)

## Thank You, First Half of 2011 Donors

### Donors to Eastside Friends of Seniors (formerly Faith in Action) from 1/1/11–6/30/11:

#### \$10,000 and over

Harvest Foundation

#### \$5,000–\$9999

City of Sammamish  
RealNetworks Foundation  
United Way of King County

#### \$2,500–\$4,999

Boyer Halvorsen  
Gary & Eleanor Johnson  
Richard & Pat Mitchell  
Doug & Christine Watson

#### \$1,000–\$2,499

Michelle Burris  
City of Issaquah  
Troy Coachman  
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Chester Dusseau  
East Shore Unitarian Church  
Evangelical Lutheran Church of America  
Region I - NW WA Synod  
Tracy Fitzsimmons  
Lucky Seven Foundation  
Mary, Queen of Peace Parish  
Sammamish Presbyterian Church  
Brenda & Brian Shea  
Steven & Lisa Shennum  
Swedish Medical Center  
The Whitaker Foundation

#### \$500–\$999

Mark & Kristina Achzenick  
Ruby Alexander  
Timothy Allred

Bank of the Northwest  
Linda Beahan  
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Stephen Clark  
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Clarence Watson

#### \$100–\$499

Jill Anderson  
Kerri Andrienas  
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Blue Dog World LLC  
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Lorraine Gauvin  
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Karla Heath  
Eleanor Henley  
Carolyn Holeski  
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David Iverson  
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Charles Kahler  
Kiwanis Club of Providence Point  
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Ronald and Marion Krueger  
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Ramona Lawrence  
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Claire Petersky & David Levine  
John Rittenhouse  
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RPM Systems Corp  
Sammamish Rotary Foundation  
John Schmoe  
Senior Services  
Ginger Seybold  
Cindy & Tom Sharek  
Steven & Lisa Shennum  
Sheldon & Emillie Shepard  
Kent & Kathryn Stainfield  
Alan Stratton  
Clara S. Sun  
John & Annette Traeger  
Shari Tumey  
David Whitworth  
Sara Wilson

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George Kanegae	Jean Nagai	Marilyn Taylor	<b>In-Kind Donors:</b>
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Hermina M. Lapinsky	Joyce B. Nelson	Eileen Tobey	Precision Control
Loni Law	Residential Construction Specialists	Mary Lynn Vance	
Laura Lee			

*We have done everything we can to ensure that this newsletter's lists of donors and volunteers are correct and complete. If you know of any errors or omissions, please accept our apologies, and give corrections to us at: (425) 369-9120 or [info@EastsideFriendsOfSeniors.org](mailto:info@EastsideFriendsOfSeniors.org)*

## Holiday Office Closures

Over the next twelve months, our office will be closed for holidays:

### 2011

Veterans' Day 11/11  
Thanksgiving 11/24 & 25  
Christmas 12/24 & 25

### 2012

New Year's Day 1/2  
Martin Luther King Day 1/16

Presidents' Day 2/20  
Memorial Day 5/28  
Independence Day 7/4  
Labor Day 9/3

We will be open on Columbus Day, 10/10.

Because we rent our office from a church, hours are limited on Good Friday, 4/6; and Easter Monday, 4/9.

Clients: When holidays occur, please give an additional week extra time, if possible, if scheduling transportation.

Volunteers: let us know when you'll be on vacation so we can plan for your absence.

When the office is closed, you can always leave us a message at: (425) 369-9120.

## Clients Live on in our Hearts

While Eastside Friends of Seniors (formerly Faith in Action) provides services, our clients return to us the gift of their stories, their spirits, and their lives.

Losing a client is difficult for staff and volunteers. As of our

publication date (9/13/11), our circle is smaller by the loss of the following:

Mary Chambers  
Clyde Disher  
Bill Thornburg

We honor the memory of each one, and share with family and friends our condolences.



## New Name, New Ways to Communicate

Faith in Action is now Eastside Friends of Seniors. Some things are changing; other things are staying the same.

**Same telephone number:** Our phone number of **(425) 369-9120** will remain the same.

**Same mailing address:** You can mail us donations, or stop by the office, at the same address: **1121 228th Ave SE, Sammamish WA 98075.**

**Can I use old donation envelopes?** If you are holding a donation envelope from a previous newsletter or home visit from Laura, our Client Services Coordinator, you can still use the envelope to make a donation. However, you'll find a new donation envelope attached to this newsletter. We would prefer you to use the new envelope instead.

**Can checks be written to "Faith in Action"?** If you forget and write a check to "Faith in Action" instead of Eastside Friends of Seniors, our bank, AmericanWest Bank, says that we can still deposit them for now. But we would prefer you to get into the habit of writing checks to Eastside Friends of Seniors, instead.

**New website:** Please note our new website address:

[www.EastsideFriendsOfSeniors.org](http://www.EastsideFriendsOfSeniors.org)

Our old website address, [www.faithinaction4-seniors.org](http://www.faithinaction4-seniors.org), at first will simply redirect visitors to the new site. We plan that it will eventually become the new special site for our Faith in Action program.

**New email:** We request that you record and use our new email addresses, which are:

Claire Petersky, Executive Director:

[Claire@EastsideFriendsOfSeniors.org](mailto:Claire@EastsideFriendsOfSeniors.org)

Margie Costello, Volunteer Coordinator:  
[Margie@EastsideFriendsOfSeniors.org](mailto:Margie@EastsideFriendsOfSeniors.org)

Laura Simpson, Client Services Coordinator:  
[Laura@EastsideFriendsOfSeniors.org](mailto:Laura@EastsideFriendsOfSeniors.org)

Teresa Lalk, Program Assistant:  
[Teresa@EastsideFriendsOfSeniors.org](mailto:Teresa@EastsideFriendsOfSeniors.org)

For general information about our programs:  
[info@EastsideFriendsOfSeniors.org](mailto:info@EastsideFriendsOfSeniors.org)

To turn in your volunteer timesheets:  
[timesheets@EastsideFriendsOfSeniors.org](mailto:timesheets@EastsideFriendsOfSeniors.org)

All your previously saved email addresses using [faithinaction4seniors.org](http://faithinaction4seniors.org) will continue to work for now. However, in case we discontinue the old addresses, we recommend that you record and use our new addresses now.

**Do we have your email?** We primarily use Vertical Response for keeping in touch with our clients, volunteers, donors, partners in service, and colleagues. We would like to keep you updated about our programs more frequently than this semi-annual newsletter. We want to share what's happening! Please go to our new website and update your preferences on what kind and frequency of email you'd like to get from us. Or call or email the office with your email address.

**What about Social Media?** If you follow us on Twitter, we will continue to tweet as FriendsOfSrs. In mid-October we plan to have an updated Facebook page. Check your email for updates.

**Have questions?** Please feel free to call or email the office. We are looking forward to hearing from you!